

**Trinity Lutheran Church**

2315 N. Parnham Rd.

Richmond, VA

804-270-4626

[rronning@trinityrichmond.net](mailto:rronning@trinityrichmond.net)

**July 14**

**August 11**

**September 8**

**Southside Nazarene Church**

6851 Courthouse Rd.

Chesterfield, VA

804-778-7800 x 247

[buddybreaksouthsideva@gmail.com](mailto:buddybreaksouthsideva@gmail.com)

**July 21**

**August – No Buddy Break**

**September 15**

\*Dates and times subject to change.

Make sure you call the location to make a reservation!

Check our website regularly for new Buddy Breaks in your area!

[www.NathanielsHope.org](http://www.NathanielsHope.org)

Don’t forget to connect with us on the web to keep up with all the fun!

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#nathanielshope or posting to our wall!

